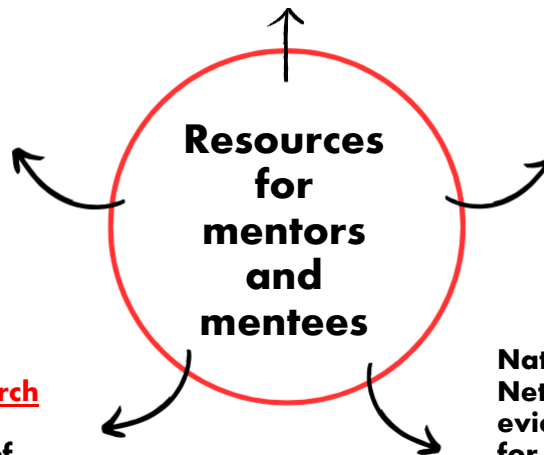


Northeastern's **ADVANCE Office** offers valuable support, including career development services and a mentorship development program for faculty

The university's Ombuds offices offer resources for **faculty, staff** and **graduate students**, to discuss and problem-solve workplace concerns, including through conflict management

University of Wisconsin offers some **excellent tools** for mentors and mentees, including training curricula



This recent article on **Effective Practices for Early-Stage Research Scientists** offers a thoughtful analysis from the perspective of traditionally under-represented groups in STEM fields

National Research Mentoring Network (**NRMN**) offers evidence-based best practices for mentoring across every stage of your research career

Both mentors and mentees may, at various points, require additional support, some of which may be beyond mentor/mentee relationship. It is appropriate to provide your mentor/mentee with professional support resources to maintain appropriate boundaries.

- Northeastern University [Health & Counseling Services](#) offers a range of physical and mental health services
- Northeastern's [Center for Spirituality, Dialogue and Service](#) provides religious and secular opportunities to explore meaning and build authentic communities
- The university also offers an Employee Assistance Program (EAP) through [New Directions](#)
- The William James Interface [Referral Service](#) helps to identify mental health service providers that meet the needs of their clients through a **free** matching service
- Active Minds resources runs a number of crisis-oriented services including
 - **Crisis Text Line:** Text Home to 741741
 - **National Suicide Prevention Lifeline** at 1-800-273-8255
- [Mood Gym](#) offers online self-help resources
- [National Alliance on Mental Illness](#) resources
- [AAKOMA Project](#) seeks to meet the mental health needs of young people of color
- [Trevor Project](#) offers mental health resources for the LGBTQ community
- [Born this way Foundation](#) works to help young people to build a kinder world, including supporting mental health referral services